

AMA Manual of Style

You are looking at 1-1 of 1 items for: **med-9780195176339-div2-350**

Sex/Gender

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Sex refers to the biological characteristics of males and females. Gender includes more than sex and serves as a cultural indicator of a person's personal and social identity. An important consideration when referring to sex is the level of specificity required: specify sex when it is relevant. Choose sex-neutral terms that avoid bias, suit the material under discussion, and do not intrude on the reader's attention. See also , Age and Sex Referents. Note: Use man or men when referring to a specific man or group of men, woman or women when referring to a specific woman or a group