

You are looking at 1-1 of 1 items for: **med-9780195176339-div2-413**

## Herbals and Dietary Supplements

Margaret A. Winker

Print Publication Year: 2007 Published Online: 2009

ISBN: eISBN:

Item type: section

Publisher: Oxford University Press

DOI: 10.1093/jama/9780195176339.022.473

Herbals and dietary supplements do not receive INNs, and they are not regulated as drugs in many countries, including the United States (as mandated by the Dietary Supplement Health and Education Act, passed in 1994). In the United States, Congress has defined a dietary supplement as a product taken by mouth that contains a “dietary ingredient” intended to supplement the diet. The “dietary ingredients” in these products may include: vitamins, minerals, herbs or other botanicals, amino acids, and substances such as enzymes, organ tissues, glandulars, and metabolites. Dietary supplements can also be extracts or concentrates, and may be found in